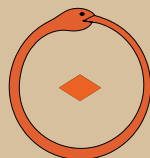
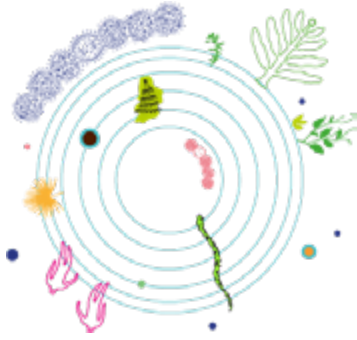


READING CYCLE

Women, plants and healing

2021





READING CYCLE WOMEN, PLANTS AND HEALING

*Roadmap for the reading
cycle Women, plants and healing*

Ministered by Ana Carvalho and Marília Nepomuceno

4 meetings of 2 hours

Dates: 01, 08, 15, 22 and 29 of setember, 2021

Guests: Luiza Cavalcante, Helena Tenderini, Maria Silvanete Lermen e Sanderline Ribeiro

About the cycle

Traditional knowledge associated with medicinal herbs and plants is the result of centuries of coexistence of peoples and traditional communities with their biomes of origin, exploring their potential in different ways. They reflect a relationship of bodies-territories as an existence in the world. This knowledge is closely related to other dimensions of social life, family stories and systems of transmission of knowledge and cosmovisions, being intrinsically associated with spiritual dimensions, personal trajectories and the cultural identity and collective memory of each community, group or region. Inspired by the knowledge of four women from black and indigenous territories in Pernambuco and Paraíba, this reading cycle – Women, Plants and Healing – proposes a drift through the practices and knowledge of these women-territory, based on their narratives, trajectories and medicinal and edible backyards, home to a collection of herbs and plants used in their midwifery, healing, blessing and prayer activities. The cycle is a result of the *Caderno de Plantas e Ervas Mediciniais das Mulheres da Zona da Mata Norte* (Notebook of Medicinal Herbs and Plants of Women from the Zona da Mata Norte), conceived by Ana Carvalho and Marília Nepomuceno in collaboration with women from the Mata Norte region of Pernambuco.

September 1 – Opening class

Open to the public on the [YouTube channel of Selvagem](#) with the mediators Ana Carvalho and Marília Nepomuceno.

SEPTEMBER 8 – FIRST MEETING:

LUIZA'S BACKYARD – Afroecology, Living Pharmacy, Fight for the Land, Healing and Benzimento (Blessing) Plants at Sítio Ágatha (small farm)
Ana Carvalho and Marília Nepomuceno talk to Luíza Cavalcante.

LUIZA CAVALCANTE

Tracunhaém, Mata Norte | Pernambuco. Mother, grandmother, afroecological farmer, popular educator, rezadeira (woman prayer) and teacher among the knowledge of healing. Member of the Uiala Mukaje, Articulação das Organizações de Mulheres Negras Brasileiras (Articulation of Organizations of Black Brazilian Women), Candeeiro Institute, REGA-NE and Work Group Mulheres da Articulação Nacional de Agroecologia (Women of the National Articulation of Agroecology). Manager of Sítio Ágatha – A matriarchal space for afroecological and anti-racist experiences and exchanges. Located in the Assentamento Chico Mendes II (Chico Mendes II Settlement), in Tracunhaém (Pernambuco).

[\(@sítioagatha](#) | [@luizacavalcante62](#))

September 15 – Second meeting:

HELENA'S BACKYARD – Midwives and Plants to Gestate, Give Birth and Care. The Kabôca da Mata Experience and Traditional Midwifery at Sítio Malokambo.

Ana Carvalho and Marília Nepomuceno talk to Helena Tenderini.

HELENA TENDERINI

Tracunhaém, Mata Norte | Pernambuco. Midwife, rezadeira, capoeira (who practices capoeira), educator, artist and holder of knowledge and practices related to natural care with medicinal herbs and plants. Mother of four children – Makambi, Malaika, Malakai and Aluandê. Helena lives in a community with her family at Sítio Malokambo, in Tracunhaém.

[\(@sítio.malokambo](#) | [@helenatenderini](#))

SEPTEMBER 22 – THIRD MEETING:

SILVANETE'S BACKYARD – Knowledge of Healing and Benzeção (Blessing) in the Caatinga, the Casa de Vivência dos Povos do Sertão do Araripe (House of Existence of the Peoples of the Araripe Outback), Healing Plants of the Sertão and their Transformations.

Ana Carvalho and Marília Nepomuceno talk to Maria Silvanete Lermen.

MARIA SILVANETE LERMEN

Serra dos Paus-Dóias, Exu, Sertão do Araripe | Pernambuco. Popular educator, community health advisor, benzedeira de mãos postas (woman spiritual healer with folded hands), advisor of ancestral portals, agrofloreitora (woman who practices agroforestry), practitioner and researcher of people's experiences.

([@espacodevivencia](#))

September 29 - Fourth meeting:

SANDERLINE'S BACKYARD – Knowledge of Potiguara Healing, Pajelança (indigenous healing) and Master Plants.

Ana Carvalho and Marília Nepomuceno talk to Sanderline Ribeiro.

SANDERLINE RIBEIRO

Rio Tinto | Paraíba. Woman, indigenous, pajé (shaman), graduated in Pedagogy from Unavida and Portuguese Language Arts from Federal University of Paraíba (UFPB), Specialist in Rural Education from UFPB, master's student in Science of Religions (UFPB) and teacher of Basic Education. Sanderline Potiguara is part of the group of medicinal plants formed by indigenous leaders, shamans, curandeiras (women healers) and raizeiras (women herbalists), accompanied by the DSEI POTIGUARA team, as well as part of the Articulação de Mulheres indígenas da Paraíba (Articulation of Indigenous Women of Paraíba - AMIP). Daughter of an indigenous woman potiguara (an indigenous people of Brazil), granddaughter of a midwife, curandeira, rezadeira, benzedeira (woman spiritual healer). She has been dedicated to physical and spiritual care work for 11 years, passed on by ancestry and ensured by spirituality.

([@sanderlineribeiro](#))

About the mediators:

ANA CARVALHO

Chã de Capoeira, Paudalho | Pernambuco.

Artist, researcher and popular educator. Since 2001, she has been working with indigenous peoples and traditional communities in the development of cultural projects and artistic creation in the fields of visual arts, cinema, publishing and intangible heritage. She is part of the staff of Vídeo nas Aldeias, an organization that supports the fight of indigenous peoples to strengthen their identities and territorial and cultural heritage through audiovisual resources. She also works in the editing of publications, audiovisual workshops and filmmaking. Graduated in popular homeopathy at the Federal University of Viçosa (UFV) and in agroecology technician at Serviço de Tecnologia Alternativa (SERTA), she works with a focus on regenerative soil practices and the creation of medicinal and edible backyards, developing research on homeopathy applied to agriculture, popular health, traditional healing practices and the cosmologies of Amerindian and Afro-indigenous roças (fields). Ana is a member of Chã – coletiva da terra, which proposes and supports initiatives and dialogues between agroecology, arts and intangible heritage of traditional communities and cultural collectives. She lives with her family in the rural area of Paudalho.

([@ana.car_valho](#) | [@chadeterra](#))

MARÍLIA NEPOMUCENO

Chã de Capoeira, Paudalho | Pernambuco.

Mother of two, black cis-woman (Afro-indigenous), born on the outskirts of Recife. Social scientist graduated from Federal University of Pernambuco (UFPE), cultural producer, popular educator, agroecology technician graduated from SERTA and master's student in anthropology at the Postgraduate Program in Anthropology (PPGA) of the UFPE. Marília is an interlocutor with traditional peoples and communities, more specifically between women who hold traditional knowledge and healing practices and also related to rites and celebrations in their

territories. She collaborates in projects and researches of intangible heritage in Pernambuco, and articulates actions to circulate and safeguard this knowledge. Marília is part of Chã – coletiva da terra – based in Chã de Capoeira, Paudalho, Zona da Mata Norte of Pernambuco, where she lives. Marília is also a member the collective Kapi'wara de Agroecologia Urbana (Kapi'wara of Urban Agroecology), based in Várzea, Recife Metropolitan Region. Among the collectives she integrates, Marília proposes and supports initiatives and dialogues between culture, agroecology and intangible heritage.

([@semarilia](#) | [@chadeterra](#))

About the publication:

[Caderno de Plantas e Ervas Medicinais das Mulheres da Zona da Mata Norte.](#)

Between February and April 2021, Chã – coletiva da terra (collective of the land) developed the research and artistic creation project Caderno de Plantas e Ervas Medicinais das Mulheres da Zona da Mata Norte. Conceived by Ana Carvalho and Marília Nepomuceno, the work had the collaboration and articulation of Helena Tenderini and Luiza Cavalcante, involving women, mothers, farmers, midwives and rezadeiras (women prayers) from the communities surrounding Sítio Malokambo and Sítio Ágatha, two small farms in the rural area of Tracunhaém (Pernambuco), and the community of Belém, in Paudalho (Pernambuco). The project developed from sharing life stories of these women and recognizing their medicinal and edible backyards. The actions, which involved conversation circles, exchanges of knowledge and a drawing workshop, resulted in the collective production of an illustrated notebook, which brings the stories of these women and their healing and protection plants. The project was carried out with the tax incentive of the Brazilian Federal Law “Aldir Blanc” 14.017/2020 in Pernambuco.

About the team:

General coordination and organization of the notebook: Ana Carvalho

Project ideation: Ana Carvalho and Marília Nepomuceno

Production assistance: Marília Nepomuceno and Joaquim Carvalho

Articulation in the territories: Helena Tenderini (Sítio Malokambo) and Luiza Cavalcante (Sítio Ágatha)

Research coordination: Ana Carvalho

Narrators/researchers: Bernadete Belarmino da Silva, Carmelita Maria da Silva, Helena

Tenderini, Ivaneide Maria (Pôla), Luiza Cavalcante, Maria Jose da Silva, Nzinga Cavalcante

and Vanuze Carmelita da Silva

Interlocutors/researchers: Ana Carvalho and Marília Nepomuceno

Drawing workshop: Ana Carvalho

Illustrations: Ana Carvalho, Carmelita Maria da Silva, Helena Tenderini and Ivaneide Maria Ribeiro

(Pôla), Joaquim Carvalho, Luiza Cavalcante, Malaika Onilari Tenderini, Maria Jose da Silva,

Nzinga Cavalcante and Vanuze Carmelita da Silva

Graphic project: Marcenaria Olinda

Realization: Chã – coletiva da terra; The Praialta

Support: Sítio Ágatha Site; Sítio Malokambo; Marcenaria Olinda

Tax Incentive: Brazilian Federal Law “Aldir Blanc” 14.017/2020 in Pernambuco

Paudalho and Tracunhaém, 2021